

## A TRAINING COURSE ON INCLUSION FOR TEACHERS

## SWITCHitON

Włocbork, Poland 27/07 - 04/08/2015

## INFO PACK

**What is this project about?**

The general idea of this training course is to **bring together teachers from different European countries in order to share realities on what is the situation regarding exclusion of various groups of young people in the local community and school, explore mechanisms of discrimination and exclusion as well as develop common understanding and skills on how inclusion of young people with special needs and fewer opportunities could be promoted through non-formal education.**

**Contents of this non-formal training:**

- Developing awareness and understanding about mechanisms and concepts related to inclusion – stereotypes, prejudices, discrimination, exclusion, violence, etc.
- Discovering realities when it comes to exclusion of young people from various groups in different countries (especially in school environment)
- Discussing the “power” of teachers in the non-formal settings to promote inclusion
- Develop skills of teachers to facilitate NFL activities that eliminate exclusion, discrimination and violence and promote inclusion
- Empowering teachers to become active promoters of inclusion at local community

**Profile of participants:**

**24 teachers and education specialists** from Latvia, Romania, Greece, Sweden, Italy, Estonia, Turkey and Poland – 3 persons from each country.

The **profile** of teachers to apply for this training course:

- Teachers who currently work at school and have been teaching in the school for at least 2 years (it does not matter what subject...) and preferably do also some extra-curricula activities with youth;
- Teachers who teach students not younger than 13 (we are very sorry, but this is not a project for primary school teachers);
- Teachers, who have the support from their schools to participate in the training and bring back new ideas and skills regarding inclusion;
- As the working language will be English, all participants should have good level of English skills not only to be able to understand the language, but also participate in discussions and act as independent facilitators of activities and learning process in English.

- As the training programme is very intensive, we also would like participants to be aware about it (pls see the programme) and ready for intensive working, intensive learning and also intensive enjoying the unique encounters ☺.

**Location and dates:**

**Arrival date:** JULY 27<sup>th</sup> 2015

**Departure date:** August 4<sup>th</sup>, 2015

**LOCATION:** WIĘCBORK, POLAND

Więcbork in a small town located in kujavian-pomeranian voivodship, about 350 km from the capital of Poland – Warsaw.



The main activities will take place in a holiday resort located near a picturesque lake and woods and also very near to the town centre. Nice atmosphere, friendly surrounding and beauty of nature will assure all of us perfect learning conditions ☺

We are going to be hosted by “Krajna” holiday resort. Participants will be located in small (4 beds) houses. Training room as well as all meals we will have in the same place.





More details about training place you can find here (unfortunately only in Polish): <http://www.krajna.nad-jeziorem.pl>

### Financial conditions:

The training course will be implemented in the framework of EU “ERASMUS+” Programme (mobility of youth workers, key action 1). The **accommodation and food will be covered fully**. **Travel expenses will be reimbursed at flat rates depending on travel distance.**

Partner organization	Country	Number of participants (including trainers and support staff)	Distance in kilometers	EUR per 1 participant
Association for Initiatives and Cooperation "Yard"	LATVIA	4	500 - 1999 KM	275.00
Centrul de Voluntariat Cluj-Napoca	ROMANIA	4	500 - 1999 KM	275.00
You in Europe	GREECE	3	500 - 1999 KM	275.00
Moves4ideas	SWEDEN	3	100 - 499 km	180.00
EuroDemos Youth Mobility NGO	ITALY	3	500 - 1999 KM	275.00
Rääma Noorte Ühing Noorus	ESTONIA	3	500 - 1999 KM	275.00
Kaş İlçe Milli Eğitim Müdürlüğü	TURKEY	3	2000 - 2999 KM	360.00
Stowarzyszenie “Dorośli – Dzieciom”	POLAND	6	0 - 99 km	0.00
<b>Total numbers of participants:</b>		<b>29</b>		

Probably the most available option is to buy a plane ticket to WARSAW **but** please also try airports in BYDGOSZCZ, POZNAŃ or GDAŃSK. Before buying the ticket, please contact us.

Please remember that in Erasmus+ there are the travel limits (mentioned above), so, the sooner you buy the tickets, the bigger the chance that you can get reimbursed even 100% 😊

As soon as we have list of all participants with travel details will provide you travel plan (from the airport in Poland) to the training venue. We do hope it will be possible to arrange it in the most comfortable way for all of you.

### Coordinators and trainers:

The coordinator of the project is an organization from Sępólno Krajeńskie, Poland Stowarzyszenie „Dorośli – Dzieciom” („Adults for Children” Association). This NGO has been very active in the youth field for many years.

The idea of this project has been developed by the team that cooperated together few times before and also this time is going to implement the training:

**Ieva Grundšteine (Latvia):** she has been working in the youth field since 2001 and last 6 years is a trainer of non-formal learning in the field of youth – as a local and European project initiator and manager. Ieva has carried already more than 65 international trainings, including 6 of them with the target group of teachers.



**Mihaela Onofras (Moldova/Romania):** she started her activity in the youth field in 2010 as a project coordinator at the local and international level. Mihaela is actively involved as a trainer for last 2 years in spheres such as non-formal learning and methods, intercultural dialog, simulation games, crossborder cooperation and sustainability. She has been working with young people, youth workers, representatives of civil society state institutions and

teachers.

**Daniel Wargin (Poland):** since 2002 he has been working for „Adults for Children” Association. From then on he is actively involved in youth work at local and European level managing number of projects (like European Voluntary Service, Youth Exchanges, training courses, seminars) with the topics of inclusion and young people with special needs. Besides, Daniel works as a teacher and trying to integrate non-formal learning elements in school environment.



### How to apply?

To apply, you must send us your application form **by Friday, May 10th** the very latest to e-mail address: [daniello13@wp.pl](mailto:daniello13@wp.pl)

When we confirm your participation in the training course, you will be asked to buy the ticket.

## Insurance

All the participants are required to make their own travel insurance for the time of the training course. EU citizens, please make also European Health Insurance (more info <http://ec.europa.eu/social/main.jsp?catId=559> – you should be able to get it free of charge.

## Further information

As soon as we get the list of all participants, we will keep you updated with all the new information regarding the project. We will create a Facebook group to enable our communication more smooth and invite you to join it.

Should you have more questions, please do not hesitate to ask. We are looking forward to meet all of you here, in Poland.

On behalf of organizers team:

**Daniel Wargin:** [daniello13@wp.pl](mailto:daniello13@wp.pl), mobile: +48 600062665

### Preliminary Programme

Time / day	Day 1 27.07	Day 2 28.07	Day 3 29.07	Day 4 30.07	Day 5 31.07	Day 6 01.08	Day 7 02.08	Day 8 03.08	Day 9 04.08		
09:00 – 09:15	B r e a k f a s t										
09.30 - 11.30	Arrivals and free time in training location	Introduction to training Getting-to-know each other	Opening discussion on understanding the concept of inclusion/exclusion	Understanding Exclusion Mechanisms: Stereotypes, Prejudices, Discrimination	Study visit to local organization active in inclusion field („Dorośli-Dzieciom” Association)	Reflection after study visits  Understanding different types of learning	Implementation of worked out tools – part I (in 2 parallel groups)  Reflection and feedback	The power of non-formal learning – personal and group reflection  Me and my school – setting aims for changes	Farewell and departure of participants		
11:30 – 12:00		C o f f e e b r e a k									
12:00 – 13:30		Expectations, motivation, approach, methodology, programme  Ice-breaking activities and getting to know each others’ professional background	Sharing of national and local realities on who are the marginalized groups of young people	Oppression and Domination Techniques  Identifying main challenges related to exclusion in the school environment	Meeting with experts on inclusion and visiting local school	Standards of good quality non-formal learning process – characteristics and how to make it work How to design a non-formal learning tool	Implementation of worked out tools – part II (in 2 parallel groups)  Reflection and feedback	Developing ideas on follow-up steps (personal, community and international level) and Networking			
13:30 – 15.00		L u n c h									
15:00 – 16:30 16.30 – 17.00		Team & trust-building activities	Discussion on power of teachers to promote inclusion in a creative way	Forum Theatre on Inclusion in School environment	Excursion to Toruń	Practical part: Laboratory of tools – developing NFL activities to promote Inclusion	Implementation of worked out tools – part III (in 2 parallel groups)  Reflection and feedback	Sharing useful resources  Brief outline of Erasmus+ programme			
	C o f f e e b r e a k										
17:00 – 18:30	Welcome activities and dinner	Team & trust-building activities  Introduction to Youthpass and Identifying Learning objectives	Creativity in practice time – preparation for Intercultural Exclusion Evening	Forum Theatre on Inclusion in School environment	Excursion to Toruń	Practical part: Laboratory of tools – developing NFL activities to promote Inclusion	Implementation of worked out tools – part I (in 2 parallel groups)  Reflection and feedback	Summing up the learning outcomes of the training and Youthpass  Evaluation  Closing			
18.30 – 19.00		R e f l e c t i o n - F a m i l y g r o u p s									
19:00 – 19:45		D i n n e r									
After 20:00		Integration Evening	Intercultural Exclusion Evening	Free evening	Polish Evening	Work in progress ...	Free-style evening	See You Again Ceremony			